

Chinese Forms Division

Skill Level description

Beginner 1 or less years of training

Intermediate 1 to 3 years of training

Advanced 3 years or more training

KUNG FU NORTHERN/ SOUTHERN FIST			
CHK-1	6 & under	ALL RANKS	M/F
CHK-2	7 to 9	BEGINNER	M/F
CHK-3	7 to 9	INTERMEDIATE	M/F
CHK-4	7 to 9	ADVANCED	M/F
KUNG FU SOUTHERN FIST			
CHK-5	10 to 13	BEGINNER	M/F
CHK-6	10 to 13	INTERMEDIATE	M/F
CHK-7	10 to 13	ADVANCED	M/F
CHK-8	14 to 17	BEGINNER	M/F
CHK-9	14 to 17	INTERMEDIATE	M/F
CHK-10	14 to 17	ADVANCED	M/F
CHK-11	18 - 29	BEGINNER	M/F
CHK-12	18 - 29	INTERMEDIATE	M/F
CHK-13	18 - 29	ADVANCED	M/F
CHK-14	30 +	BEGINNER	M/F
CHK-15	30 +	INTERMEDIATE	M/F
CHK-16	30 +	ADVANCED	M/F
KUNG FU NORTHERN FIST			
CHK-17	10 to 13	BEGINNER	M/F
CHK-18	10 to 13	INTERMEDIATE	M/F
CHK-19	10 to 13	ADVANCED	M/F
CHK-20	14 to 17	BEGINNER	M/F
CHK-21	14 to 17	INTERMEDIATE	M/F
CHK-22	14 to 17	ADVANCED	M/F
CHK-23	18 - 29	BEGINNER	M/F
CHK-24	18 - 29	INTERMEDIATE	M/F
CHK-25	18 - 29	ADVANCED	M/F
CHK-26	30 +	BEGINNER	M/F
CHK-27	30 +	INTERMEDIATE	M/F
CHK-28	30 +	ADVANCED	M/F

KUNG FU WEAPONS SHORT & LONG			
CHK-29	6 & under	ALL RANKS	M/F
CHK-30	7 to 9	BEGINNER	M/F
CHK-31	7 to 9	INTERMEDIATE	M/F
CHK-32	7 to 9	ADVANCED	M/F
KUNG FU WEAPONS SHORT			
CHK-33	10 to 13	BEGINNER	M/F
CHK-34	10 to 13	INTERMEDIATE	M/F
CHK-35	10 to 13	ADVANCED	M/F
CHK-36	14 to 17	BEGINNER	M/F
CHK-37	14 to 17	INTERMEDIATE	M/F
CHK-38	14 to 17	ADVANCED	M/F
CHK-39	18 - 29	BEGINNER	M/F
CHK-40	18 - 29	INTERMEDIATE	M/F
CHK-41	18 - 29	ADVANCED	M/F
CHK-42	30 +	BEGINNER	M/F
CHK-43	30 +	INTERMEDIATE	M/F
CHK-44	30 +	ADVANCED	M/F
KUNG FU WEAPONS LONG			
CHK-45	10 to 13	BEGINNER	M/F
CHK-46	10 to 13	INTERMEDIATE	M/F
CHK-47	10 to 13	ADVANCED	M/F
CHK-48	14 to 17	BEGINNER	M/F
CHK-49	14 to 17	INTERMEDIATE	M/F
CHK-50	14 to 17	ADVANCED	M/F
CHK-51	18 - 29	BEGINNER	M/F
CHK-52	18 - 29	INTERMEDIATE	M/F
CHK-53	18 - 29	ADVANCED	M/F
CHK-54	30 +	BEGINNER	M/F
CHK-55	30 +	INTERMEDIATE	M/F
CHK-56	30 +	ADVANCED	M/F

WUSHU CHANGQUAN / NANQUAN / OTHER			
CHW-57	6 & under	ALL RANKS	M/F
CHW-58	7 to 9	BEGINNER	M/F
CHW-59	7 to 9	INTERMEDIATE	M/F
CHW-60	7 to 9	ADVANCED	M/F
WUSHU (CHANGQUAN) FORM			
CHW-61	10 to 13	BEGINNER	M/F
CHW-62	10 to 13	INTERMEDIATE	M/F
CHW-63	10 to 13	ADVANCED	M/F
CHW-64	14 to 17	BEGINNER	M/F
CHW-65	14 to 17	INTERMEDIATE	M/F
CHW-66	14 to 17	ADVANCED	M/F
CHW-67	18 - 29	BEGINNER	M/F
CHW-68	18 - 29	INTERMEDIATE	M/F
CHW-69	18 - 29	ADVANCED	M/F
CHW-70	30 +	BEGINNER	M/F
CHW-71	30 +	INTERMEDIATE	M/F
CHW-72	30 +	ADVANCED	M/F
WUSHU (NANQUAN) FORM			
CHW-73	10 to 13	BEGINNER	M/F
CHW-74	10 to 13	INTERMEDIATE	M/F
CHW-75	10 to 13	ADVANCED	M/F
CHW-76	14 to 17	BEGINNER	M/F
CHW-77	14 to 17	INTERMEDIATE	M/F
CHW-78	14 to 17	ADVANCED	M/F
CHW-79	18 - 29	BEGINNER	M/F
CHW-80	18 - 29	INTERMEDIATE	M/F
CHW-81	18 - 29	ADVANCED	M/F
CHW-82	30 +	BEGINNER	M/F
CHW-83	30 +	INTERMEDIATE	M/F
CHW-84	30 +	ADVANCED	M/F
WUSHU CONTEMPORY FORM			
CHW-85	10 to 13	BEGINNER	M/F
CHW-86	10 to 13	INTERMEDIATE	M/F
CHW-87	10 to 13	ADVANCED	M/F
CHW-88	14 to 17	BEGINNER	M/F
CHW-89	14 to 17	INTERMEDIATE	M/F
CHW-90	14 to 17	ADVANCED	M/F
CHW-91	18 - 29	BEGINNER	M/F
CHW-92	18 - 29	INTERMEDIATE	M/F
CHW-93	18 - 29	ADVANCED	M/F
CHW-94	30 +	BEGINNER	M/F
CHW-95	30 +	INTERMEDIATE	M/F
CHW-96	30 +	ADVANCED	M/F

TAI CHI / INTERNAL (YANG / CHEN STYLE)			
CHT-141	12 UNDER	All	M/F
CHT-142	13-17	All	M/F
CHT-143	18 - 29	BEGINNER	M/F
CHT-144	18 - 29	INTERMEDIATE	M/F
CHT-145	18 - 29	ADVANCED	M/F
CHT-146	30 +	BEGINNER	M/F
CHT-147	30 +	INTERMEDIATE	M/F
CHT-148	30 +	ADVANCED	M/F

WUSHU WEAPONS LONG			
CHW-113	10 to 13	BEGINNER	M/F
CHW-114	10 to 13	INTERMEDIATE	M/F
CHW-115	10 to 13	ADVANCED	M/F
CHW-116	14 to 17	BEGINNER	M/F
CHW-117	14 to 17	INTERMEDIATE	M/F
CHW-118	14 to 17	ADVANCED	M/F
CHW-119	18 - 29	BEGINNER	M/F
CHW-120	18 - 29	INTERMEDIATE	M/F
CHW-121	18 - 29	ADVANCED	M/F
CHW-122	30 +	BEGINNER	M/F
CHW-123	30 +	INTERMEDIATE	M/F
CHW-124	30 +	ADVANCED	M/F

WUSHU WEAPONS SHORT & LONG			
CHW-97	6 & under	ALL RANKS	M/F
CHW-98	7 to 9	BEGINNER	M/F
CHW-99	7 to 9	INTERMEDIATE	M/F
CHW-100	7 to 9	ADVANCED	M/F

TAI CHI / INTERNAL (24 other style)			
CHT-149	12 UNDER	All	M/F
CHT-150	13-17	All	M/F
CHT-151	18 - 29	BEGINNER	M/F
CHT-152	18 - 29	INTERMEDIATE	M/F
CHT-153	18 - 29	ADVANCED	M/F
CHT-154	30 +	BEGINNER	M/F
CHT-155	30 +	INTERMEDIATE	M/F
CHT-156	30 +	ADVANCED	M/F

WUSHU CONTEMPORY WEAPONS			
CHW-125	6 & under	ALL RANKS	M/F
CHW-126	7 to 9	BEGINNER	M/F
CHW-127	7 to 9	INTERMEDIATE	M/F
CHW-128	7 to 9	ADVANCED	M/F
CHW-129	10 to 13	BEGINNER	M/F
CHW-130	10 to 13	INTERMEDIATE	M/F
CHW-131	10 to 13	ADVANCED	M/F
CHW-132	14 to 17	BEGINNER	M/F
CHW-133	14 to 17	INTERMEDIATE	M/F
CHW-134	14 to 17	ADVANCED	M/F
CHW-135	18 - 29	BEGINNER	M/F
CHW-136	18 - 29	INTERMEDIATE	M/F
CHW-137	18 - 29	ADVANCED	M/F
CHW-138	30 +	BEGINNER	M/F
CHW-139	30 +	INTERMEDIATE	M/F
CHW-140	30 +	ADVANCED	M/F

WUSHU WEAPONS SHORT			
CHW-101	10 to 13	BEGINNER	M/F
CHW-102	10 to 13	INTERMEDIATE	M/F
CHW-103	10 to 13	ADVANCED	M/F
CHW-104	14 to 17	BEGINNER	M/F
CHW-105	14 to 17	INTERMEDIATE	M/F
CHW-106	14 to 17	ADVANCED	M/F
CHW-107	18 - 29	BEGINNER	M/F
CHW-108	18 - 29	INTERMEDIATE	M/F
CHW-109	18 - 29	ADVANCED	M/F
CHW-110	30 +	BEGINNER	M/F
CHW-111	30 +	INTERMEDIATE	M/F
CHW-112	30 +	ADVANCED	M/F



FOR MORE INFORMATION

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