

NBL BLACK BELT DIVISIONS

FORMS CONTEMPORARY				
N-1	9-	Hard Creative	(m)	Fri. 1
N-2	10-12	Hard Creative	(m)	Fri. 2
N-3	13-14	Hard Creative	(m)	Fri. 2
N-4	15-17	Hard Creative	(m)	Fri. 3
N-5	11-	Hard Choreographed Musical	(m)	Fri. 1
N-6	12-14	Hard Choreographed Musical	(m)	Fri. 2
N-7	15-17	Hard Choreographed Musical	(m)	Fri. 3
N-8	17-	Hard Open Musical	(m/f)	Fri. CS
N-9	17-	Soft Open	(m/f)	Sat 14
N-10	11-	Hard Creative	(f)	Fri. 3
N-11	12-14	Hard Creative	(f)	Sat 2
N-12	15-17	Hard Creative	(f)	Sat 3
N-13	17-	Hard Choreographed Musical	(f)	Fri. CS
N-14	18+	Hard Creative	(m)	Fri. 4
N-15	18+	Hard Choreographed Musical	(m/f)	Fri. 4
N-16	18+	Hard Open Musical	(m/f)	Fri. 4
N-17	18+	Soft Contemporary	(m/f)	Sat 14
N-18	18+	Hard Creative	(f)	Fri. 4
N-19	35+	Hard Contemporary	(m)	Sat 4
N-20	35+	Hard Contemporary	(f)	Sat 4
FORMS TRADITIONAL				
N-21	11-	Japanese/Okinawan	(m/f)	Sat 1
N-22	12-14	Japanese/Okinawan	(m/f)	Sat 2
N-23	15-17	Japanese/Okinawan	(m/f)	Sat 3
N-24	11-	Kenpo/Kajukenbo	(m/f)	Sat 1
N-25	12-14	Kenpo/Kajukenbo	(m/f)	Sat 2
N-26	15-17	Kenpo/Kajukenbo	(m/f)	Sat 3
N-27	11-	Korean	(m/f)	Sat 1
N-28	12-14	Korean	(m/f)	Sat 2
N-29	15-17	Korean	(m/f)	Sat 3
N-30	18+	Japanese/Okinawan	(m)	Sat 4
N-31	18+	Kenpo/Kajukenbo	(m/f)	Sat 4
N-32	18+	Korean	(m)	Sat 4
N-33	18+	Soft Traditional (No Kenpo)	(m/f)	Sat 14
N-34	18+	Japanese/Okinawan	(f)	Sat 4
N-35	18+	Korean	(f)	Sat 4
N-36	35+	Hard Traditional	(m/f)	Sat 1
N-37	45+	Hard Traditional	(m/f)	Sat 1
TEAM FORMS ONE MEMBER MUST BE A BLACK BELT				
N-38	All	Open	(m/f)	Fri. CS
WEAPONS CONTEMPORARY				
N-39	11-	Hard & Soft Creative	(m/f)	Sat 1
N-40	12-14	Hard & Soft Creative	(m)	Sat 2

WEAPONS CONTEMPORARY					
N-41	15-17	Hard & Soft Creative	(m)	Sat 3	
N-42	11-	Hard & Soft Choreographed Musical	(m/f)	Fri. 1	
N-43	12-14	Hard & Soft Choreographed Musical	(m/f)	Fri. 2	
N-44	15-17	Hard & Soft Choreographed Musical	(m/f)	Fri. 3	
N-45	17-	Hard & Soft Open Musical	(m/f)	Fri. CS	
N-46	12-14	Hard & Soft Creative	(f)	Sat 2	
N-47	15-17	Hard & Soft Creative	(f)	Sat 3	
N-48	18+	Hard Creative	(m)	Fri. 4	
N-49	18+	Hard Choreographed Musical	(m/f)	Fri. 4	
N-50	18+	Soft Open	(m/f)	Sat 14	
N-51	18+	Hard Creative	(f)	Fri. 4	
N-52	35+	Hard Contemporary	(m/f)	Fri. 2	
WEAPONS TRADITIONAL					
N-53	11-	Hard Traditional	(m/f)	Sat 1	
N-54	12-14	Hard Traditional	(m/f)	Sat 2	
N-55	15-17	Hard Traditional	(m/f)	Sat 3	
N-56	18+	Hard Traditional	(m/f)	Sat 4	
SELF DEFENSE TRADITIONAL					
N-57	17-	Choreographed Fight	(m/f)	Fri. 1	
N-58	18+	Choreographed Fight	(m/f)	Fri. 1	
CONTEMPORARY					
N-59	17-	Traditional Self defense	(m/f)	Fri. 1	
N-60	18+	Traditional Self defense	(m/f)	Fri. 1	
BREAKING (NOTE: N-61 & N-62 can be of any rank)					
N-61	17-	Open	(m/f)	Sat 9	
N-62	18+	Open	(m/f)	Sat 9	
POINT SPARRING					
N-63	11 -	FLY	55-	(m/f)	Sat 1
N-64	11 -	LIGHT	65-	(m/f)	Sat 1
N-65	11 -	MIDDLE	88-	(m/f)	Sat 1
N-66	11 -	HEAVY	88+	(m/f)	Sat 1
N-67	12-14	LIGHT	99-	(m)	Sat 2
N-68	12-14	MIDDLE	121-	(m)	Sat 2
N-69	12-14	HEAVY	121+	(m)	Sat 2
N-70	15-17	LIGHT	142-	(m)	Sat 3
N-71	15-17	MIDDLE	165-	(m)	Sat 3
N-72	15-17	HEAVY	165+	(m)	Sat 3
N-73	12-14	FEATHER	121 -	(f)	Sat 2
N-74	12-14	LIGHT	121 +	(f)	Sat 2
N-75	17	ALL WEIGHTS		(f)	Sat 3
N-76	18+	125.4		(m)	Sat 1
N-77	18+	138.6		(m)	Sat 1
N-78	18+	151.8		(m)	Sat 3

POINT SPARRING CONTINUED					
N-79	18+	162.8		(m)	Sat 3
N-80	18+	173.8		(m)	Sat 2
N-81	18+	184.8		(m)	Sat 2
N-82	18+	200.2		(m)	Sat 4
N-83	18+	200.2+		(m)	Sat 4
N-84	18+	121-		(f)	Sat 1
N-85	18+	132-		(f)	Sat 2
N-86	18+	143-		(f)	Sat 3
N-87	18+	143+		(f)	Sat 4
N-88	35+	151.8		(m)	Sat 1
N-89	35+	173.8		(m)	Sat 2
N-90	35+	200.2		(m)	Sat 3
N-91	35+	200.2+		(m)	Sat 4
N-92	35+	all weights		(f)	Sat 4
N-93	45+	173.8		(m)	Sat 3
N-94	45+	173.8+		(m)	Sat 4
CONTINUOUS SPARRING					
N-95	11 -	FLY	55-	(m/f)	Fri. 5
N-96	11 -	LIGHT	65-	(m/f)	Fri. 5
N-97	11 -	MIDDLE	88-	(m/f)	Fri. 5
N-98	11 -	HEAVY	88+	(m/f)	Fri. 5
N-99	12-14	LIGHT	99-	(m)	Fri. 6
N-100	12-14	MIDDLE	121-	(m)	Fri. 6
N-101	12-14	HEAVY	121+	(m)	Fri. 6
N-102	15-17	LIGHT	142-	(m)	Fri. 7
N-103	15-17	MIDDLE	165-	(m)	Fri. 7
N-104	15-17	HEAVY	165+	(m)	Fri. 7
N-105	12-14	FEATHER	121 -	(f)	Fri. 8
N-106	12-14	LIGHT	121 +	(f)	Fri. 8
N-107	15-17	ALL WEIGHTS		(f)	Fri. 8
N-108	18+	138.6		(m)	Fri. 6
N-109	18+	151.8		(m)	Fri. 6
N-110	18+	162.8		(m)	Fri. 6
N-111	18+	173.8		(m)	Fri. 7
N-112	18+	184.8		(m)	Fri. 7
N-113	18+	200.2		(m)	Fri. 7
N-114	18+	200.2+		(m)	Fri. 8
N-115	18+	132-		(f)	Fri. 8
N-116	18+	132+		(f)	Fri. 8
TEAM SPARRING					
N-117	9-11, 12-14, 15-17			(m)	Fri. 5
N-118	9-11, 12-14, 15-17			(f)	Fri. 7
N-119	18+, 18+, 18+			(m)	Fri. 6
N-120	18+ M, 18+ F, 35+M			(m)	Fri. 8

NON NBL DIVISIONS SKIL / SMA

UNDER BELT SELF-DEFENSE				
A-200	13-	W Y O	M / F	FRI 9
A-201	13-	B P G	M / F	FRI 9
A-202	13-	RD BR	M / F	FRI 10
A-203	14-17	W Y O	M / F	FRI 10
A-204	14-17	B P G	M / F	FRI 11
A-205	14-17	RD BR	M / F	FRI 11
A-206	18+	W Y O	M / F	FRI 12
A-207	18+	B P G	M / F	FRI 12
A-208	18+	RD BR	M / F	FRI 12
UNDER BELT TRADITIONAL FORMS				
A-209	5-	All	M / F	SAT 5
A-210	6-8	W	M / F	SAT 5
A-211	6-8	Y O	M / F	SAT 5
A-212	6-8	B P G	M / F	SAT 6
A-213	6-8	RD BR	M / F	SAT 6
A-214	9-11	W	M / F	SAT 6
A-215	9-11	Y O	M / F	SAT 7
A-216	9-11	B P G	M / F	SAT 7
A-217	9-11	RD BR	M / F	SAT 8
A-218	12-14	W	M / F	SAT 8
A-219	12-14	Y O	M / F	SAT 8
A-220	12-14	B P G	M / F	SAT 9
A-221	12-14	RD BR	M / F	SAT 9
A-222	15-17	W	M / F	SAT 9
A-223	15-17	Y O	M / F	SAT 10
A-224	15-17	B P G	M / F	SAT 10
A-225	15-17	RD BR	M / F	SAT 10
A-226	18-34	W Y O	M / F	SAT 11
A-227	18-34	B P G	M / F	SAT 11
A-228	18-34	RD BR	M / F	SAT 11
A-229	35+	W Y O	M / F	SAT 12
A-230	35+	B P G	M / F	SAT 12
A-231	35+	RD BR	M / F	SAT 12
UNDER BELT OPEN FORMS				
A-232	5-	All	M / F	SAT 5
A-233	6-8	W	M / F	SAT 5
A-234	6-8	Y O	M / F	SAT 5
A-235	6-8	B P G	M / F	SAT 6
A-236	6-8	RD BR	M / F	SAT 6
A-237	9-11	W	M / F	SAT 6
A-238	9-11	Y O	M / F	SAT 7
A-239	9-11	B P G	M / F	SAT 7
A-240	9-11	RD BR	M / F	SAT 8
A-241	12-14	W	M / F	SAT 8
A-242	12-14	Y O	M / F	SAT 8
A-243	12-14	B P G	M / F	SAT 9
A-244	12-14	RD BR	M / F	SAT 9
A-245	15-17	W	M / F	SAT 9
A-246	15-17	Y O	M / F	SAT 10
A-247	15-17	B P G	M / F	SAT 10
A-248	15-17	RD BR	M / F	SAT 10
A-249	18-34	W Y O	M / F	SAT 11
A-250	18-34	B P G	M / F	SAT 11
A-251	18-34	RD BR	M / F	SAT 11
A-252	35+	W Y O	M / F	SAT 12
A-253	35+	B P G	M / F	SAT 12
A-254	35+	RD BR	M / F	SAT 12
UNDER BELT CONTEMPORARY FORMS (MUSIC GYMNASTICS OK)				
A-255	9-	W Y O	M / F	FRI 9
A-256	9-	B P G	M / F	FRI 9
A-257	9-	RD BR	M / F	FRI 9
A-258	10-13	W Y O	M / F	FRI 10
A-259	10-13	B P G	M / F	FRI 10
A-260	10-13	RD BR	M / F	FRI 10
A-261	14-17	W Y O	M / F	FRI 11
A-262	14-17	B P G	M / F	FRI 11
A-263	14-17	RD BR	M / F	FRI 11

UNDER BELT CONTEMPORARY FORMS (MUSIC GYMNASTICS OK)				
A-264	18-34	W Y O	M / F	FRI 12
A-265	18-34	B P G	M / F	FRI 12
A-266	18-34	RD BR	M / F	FRI 12
A-267	35+	W Y O	M / F	FRI 12
A-268	35+	B P G	M / F	FRI 12
A-269	35+	RD BR	M / F	FRI 12
UNDER BELT TRADITIONAL WEAPONS				
A-270	5-	All	M / F	SAT 5
A-271	6-8	W	M / F	SAT 5
A-272	6-8	Y O	M / F	SAT 5
A-273	6-8	B P G	M / F	SAT 6
A-274	6-8	RD BR	M / F	SAT 6
A-275	9-11	W	M / F	SAT 6
A-276	9-11	Y O	M / F	SAT 7
A-277	9-11	B P G	M / F	SAT 7
A-278	9-11	RD BR	M / F	SAT 8
A-279	12-14	W	M / F	SAT 8
A-280	12-14	Y O	M / F	SAT 8
A-281	12-14	B P G	M / F	SAT 9
A-282	12-14	RD BR	M / F	SAT 9
A-283	15-17	W	M / F	SAT 9
A-284	15-17	Y O	M / F	SAT 10
A-285	15-17	B P G	M / F	SAT 10
A-286	15-17	RD BR	M / F	SAT 10
A-287	18-34	W Y O	M / F	SAT 11
A-288	18-34	B P G	M / F	SAT 11
A-289	18-34	RD BR	M / F	SAT 11
A-290	35+	W Y O	M / F	SAT 12
A-291	35+	B P G	M / F	SAT 12
A-292	35+	RD BR	M / F	SAT 12
UNDER BELT WEAPONS				
A-293	5-	All	M / F	SAT 5
A-294	6-8	W	M / F	SAT 5
A-295	6-8	Y O	M / F	SAT 5
A-296	6-8	B P G	M / F	SAT 6
A-297	6-8	RD BR	M / F	SAT 6
A-298	9-11	W	M / F	SAT 6
A-299	9-11	Y O	M / F	SAT 7
A-300	9-11	B P G	M / F	SAT 7
A-301	9-11	RD BR	M / F	SAT 8
A-302	12-14	W	M / F	SAT 8
A-303	12-14	Y O	M / F	SAT 8
A-304	12-14	B P G	M / F	SAT 9
A-305	12-14	RD BR	M / F	SAT 9
A-306	15-17	W	M / F	SAT 9
A-307	15-17	Y O	M / F	SAT 10
A-308	15-17	B P G	M / F	SAT 10
A-309	15-17	RD BR	M / F	SAT 10
A-310	18-34	W Y O	M / F	SAT 11
A-311	18-34	B P G	M / F	SAT 11
A-312	18-34	RD BR	M / F	SAT 11
A-313	35+	W Y O	M / F	SAT 12
A-314	35+	B P G	M / F	SAT 12
A-315	35+	RD BR	M / F	SAT 12
UNDER BELT CONTEMPORARY WEAPON (MUSIC GYMNASTICS OK)				
A-316	9-	W Y O	M / F	FRI 9
A-317	9-	B P G	M / F	FRI 9
A-318	9-	RD BR	M / F	FRI 9
A-319	10-13	W Y O	M / F	FRI 10
A-320	10-13	B P G	M / F	FRI 10
A-321	10-13	RD BR	M / F	FRI 10
A-322	14-17	W Y O	M / F	FRI 11
A-323	14-17	B P G	M / F	FRI 11
A-324	14-17	RD BR	M / F	FRI 11
A-325	18-34	W Y O	M / F	FRI 12
A-326	18-34	B P G	M / F	FRI 12
A-327	18-34	RD BR	M / F	FRI 12